



March 1, 2022

## Return-to-Play Protocols

### If you are classified as a close contact

**Definition:** The date of your exposure is considered day 0. Day 1 is the first full day *after* your last contact with a person who has had COVID-19.

If you are classified as a close contact, select the column that matches your current COVID-19 status in the first row of the table below and follow the instructions in that column.

If you are <i>not up-to-date</i> on COVID-19 vaccinations or any eligible booster	If you are <i>up-to-date</i> on COVID-19 vaccinations and any eligible booster	If you tested positive for COVID-19 (using a PCR test) in the past 90 days
<p>Notify the club immediately by sending an email to <a href="mailto:rtp@madison56ers.org">rtp@madison56ers.org</a></p> <p>5-day suspension regardless of symptoms</p> <p>Test for COVID-19 (antigen or PCR) on day 5 or later:</p> <ul style="list-style-type: none"> <li>If the test result is negative, you may return to play immediately.</li> <li>If the test result is positive, return to play after symptoms are improving <i>and</i> 24 hours after body temperature returns to normal, but not earlier than Day 6.</li> </ul>	<p>No need to notify the club.</p> <p>No suspension if asymptomatic; we recommend testing on day 5 as a precaution</p> <p>If you develop symptoms, do not attend any club events, notify the club by sending an email to <a href="mailto:rtp@madison56ers.org">rtp@madison56ers.org</a> and get tested immediately.</p> <ul style="list-style-type: none"> <li>If the test result is negative, no further action is required.</li> <li>If the test result is positive, return to play after symptoms are improving <i>and</i> 24 hours after body temperature returns to normal, but not earlier than Day 6.</li> </ul>	<p>No need to notify the club.</p> <p>No suspension</p> <p>No need to test for COVID-19 <i>unless you develop symptoms.</i></p> <p>If you develop symptoms, do not attend any club events, notify the club by sending an email to <a href="mailto:rtp@madison56ers.org">rtp@madison56ers.org</a> and get tested immediately.</p> <ul style="list-style-type: none"> <li>If the test result is negative, you may return to play immediately</li> <li>If the test result is positive, return to play after symptoms are improving <i>and</i> 24 hours after body temperature returns to normal, but not earlier than Day 6.</li> </ul>



## If you test positive for COVID-19

**Definition:** Day 0 is your first day of symptoms or if you haven't had any symptoms, the day of your positive viral test. Day 1 is the first full day *after* your symptoms developed or your test specimen was collected.

### Regardless of COVID-19 vaccination status

Notify the club immediately by sending an email to [rtp@madison56ers.org](mailto:rtp@madison56ers.org)

5-day suspension regardless of symptoms

- If asymptomatic, return to play on day 6
- If symptomatic, return to play after symptoms are improving and 24 hours after body temperature returns to normal, but not earlier than day 6.

## Indoor Training

While face masks are not required, we *strongly encourage and recommend* all players and coaches wear face masks at all time when inside the Oregon Training Facility.

Only players, coaches, and staff members can enter the training facility. Spectators do not have access to the facility at this time.

Please note that access to the dedicated inbox at [rtp@madison56ers.org](mailto:rtp@madison56ers.org) is restricted and all submitted information is treated confidentially.

If you have any questions, please contact Simeon Alder ([rtp@madison56ers.org](mailto:rtp@madison56ers.org)) or Tony Wright ([56ercoachingdirector@gmail.com](mailto:56ercoachingdirector@gmail.com)) by email.

Together we are Sixer Strong!